Referral

For all appointments and results:
T: +61 8 6298 8314 **F:** + 61 8 6298 8399
E: reception@sleepaustralia.com.au
WEST PERTH • PERTH CBD • PORT HEDLAND • COCKBURN • KALGOORLIE • MANDURAH • BUNBURY

Patient Details:

Name: D.O.B:

Address:

Postcode:

Telephone: (H) (W) (M)

Medicare #: IRN: Expiry:

Sleep Services:

- ☐ Sleep Study (specialist consultation and/or treatment if indicated)
- ☐ Specialist Consultation - Dr Andrew Webster
- ☐ CPAP Trial
- ☐ CPAP Support
- ☐ Provent Trial (with validating sleep study)
- ☐ Night Shift Trial
- ☐ Insomnia Management (includes specialist consult)
- ☐ Chronic Disease Management

Clinical Details:

- ☐ Overweight
- ☐ Snoring
- ☐ Witnessed Apnoea
- ☐ 45 years +
- ☐ Daytime Somnolence
- ☐ Hypertension
- ☐ Atrial Fibrillation
- ☐ Cardiac Failure
- ☐ Diabetes
- ☐ Commercial Driver/Operator
- ☐ Other (please specify)

Height: Weight: BMI: Neck Circumference:

Referring Doctor:

Name: Provider #:

Practice:

Signature: Date: / /

PLEASE COMPLETE QUESTIONNAIRE ON THE BACK OF THIS FORM

PLEASE BRING YOUR CURRENT REFERRAL TO YOUR APPOINTMENT

Dr Andrew Webster MBChB, FRACP (Respiratory and Sleep Physician)

PLEASE BRING THIS COMPLETED QUESTIONNAIRE AND REFERRAL TO YOUR APPOINTMENT, OR SUBMIT VIA EMAIL BELOW. Thank You

EPWORTH SLEEPINESS SCALE

How likely are you to doze off?	Never (0)	Slight (1)	Mod (2)	High (3)
Sitting and Reading				
Watching TV				
Sitting inactive in a public place				
Being inactive in a car as a passenger				
Lying down to rest in the afternoon				
Sitting and chatting to someone				
Sitting quietly after lunch				
In a car while stopped in traffic				

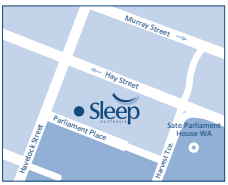
SCORE = OUT OF 24

STOP-BANG QUESTIONNAIRE

Please answer YES or NO to below questions.	YES	NO
Do you snore loudly?		
Do you often feel tired, fatigued, or sleepy during the daytime?		
Has anyone observed you stop breathing during your sleep?		
Do you have or are you being treated for high blood pressure?		
Are you obese/ very overweight - BMI more than 35 kg/m^2?		
Age over 50 years old?		
Neck Circumference (collar size > 43cm male, 41cm female)		
Are you male?		

SCORE = OUT OF 8

Sleep AUSTRALIA



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